

For Immediate Release: March 16, 2007

ESSENTIAL ENERGY SERVICES TRUST ANNOUNCES MARCH DISTRIBUTION AND SETS DATE FOR ANNUAL GENERAL MEETING

Calgary, Alberta – (TSX: ESN.UN) Essential Energy Services Trust (“Essential” or the “Trust”) is pleased to announce its cash distribution for the month of March 2007 will be \$0.083 per trust unit, which is consistent with previous monthly distributions. The distribution will be paid on April 16, 2007 to unitholders of record on March 30, 2007. The ex-distribution date is March 28, 2007.

Essential also announces that the Annual General Meeting of the Trust’s unitholders will be held on Friday, May 4, 2007 at 9:00 AM in Glen Room 205 at the TELUS Convention Centre, located at 120 - 9 Avenue SE, Calgary, Alberta.

Essential is an energy service trust that provides a range of essential production services to oil and gas producers across western Canada from northeast British Columbia to southwest Saskatchewan including service rigs, coil tubing, rod rigs, swab rigs, vacuum truck, pressure truck, tank truck, hydro-vac, steaming and hot oiling along with other related services. Essential focuses on post drilling production maintenance and enhancement services to ensure stable cash flows for Essential unitholders.

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The TSX Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

Forward-Looking Statements: *Certain information set forth in this press release, including a discussion of future plans and operations, contains forward looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, some of which are beyond management’s control, including but not limited to, the impact of general economic conditions, industry conditions, fluctuation of commodity prices, fluctuation of foreign exchange rates, environmental risks industry competition, availability of qualified personnel and management, stock market volatility, timely and cost effective access to sufficient capital from internal and external sources. Actual results, performance or achievement could differ materially from those expressed in or implied by these forward-looking statements.*