

For Immediate Release: March 14, 2008

## ESSENTIAL ENERGY SERVICES TRUST ANNOUNCES MARCH DISTRIBUTION

**Calgary, Alberta** – (TSX: ESN.UN) Essential Energy Services Trust (“Essential” or the “Trust”) is pleased to announce its cash distribution for the month of March 2008 will be \$0.05 per trust unit. The distribution will be paid on April 15, 2008 to unitholders of record on March 31, 2008. The ex-distribution date is March 27, 2008.

Essential is an energy service trust that provides post drilling production maintenance and enhancement services to oil and gas producers across western Canada from northeast British Columbia to southeast Saskatchewan including service rigs, coil tubing, rod rigs, swab rigs, vacuum trucks, pressure trucks, tank trucks, hydro-vacs, steaming and hot oiling along with other related services.

For further information please contact:

Essential Energy Services Trust  
Suite 950, 330 – 5<sup>th</sup> Avenue SW  
Calgary, Alberta T2P 0L4

Attention: James Burns or Duncan Au  
Chief Executive Officer Chief Financial Officer

Telephone: (403) 263-6778  
Facsimile: (403) 263-6737

*The TSX Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.*

**Forward-Looking Statements:** *Certain information set forth in this press release, including a discussion of future plans and operations, contains forward looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, some of which are beyond management's control, including but not limited to, the impact of general economic conditions, industry conditions, fluctuation of commodity prices, fluctuation of foreign exchange rates, environmental risks industry competition, availability of qualified personnel and management, stock market volatility, timely and cost effective access to sufficient capital from internal and external sources. Actual results, performance or achievement could differ materially from those expressed in or implied by these forward-looking statements.*